

Vegan Mastery Cookbook Japanese International

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Summary:

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Meghan Markle Cookbook Recipe - mindbodygreen We're sharing one of the healthiest recipes in the cookbook, a beautiful vegan eggplant masala developed by Gurmit Kaur, one of the Hubb Community members. "It was 1976 and our mother was teaching me and my teenage sisters to cookâ€”passing on her recipes," she writes.